

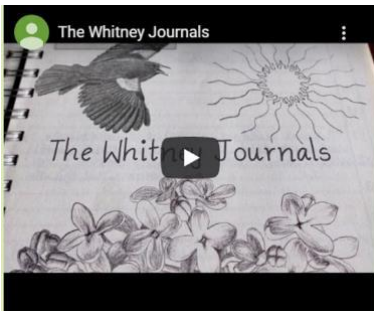
## Mme Amanda's Learning Activities – Week 2

Literacy - Set up a daily reading time. Read a book you have at home or use one of the online resources sent last week. Ask questions before, during and after reading. What do you think this book will be about? What did you just read about? What do you think will come next? The “Parent Pipeline” on Page 3 can help parents to help you with your reading. Record what you read and how many minutes on paper or on a calendar.

Write. Start a Journal. Please write for at least 10 minutes, 5 days a week. You can write about anything at all, the same as if you were writing in your composition book at school. What have you been doing the last few weeks? How do you feel about having no classes in school? Other ideas include writing letters to friends and relatives or write an email to your teacher! You can write in a notebook, staple paper together, or if you are in Office 365, use Word.

Science - I hope you enjoyed observing, identifying, and recording facts about your backyard birds last week! I saw lots of birds in Nictau, including three bald eagles! As the weather changes, so will the variety of birds, so keep observing and adding to your information. Skills such as observing, predicting and collecting data are extremely important in science. Are there any birds that you haven't seen yet that you expect to see soon?

This week, I want you to start a “Field Journal”. See the youtube video “[Be a Field Scientist](https://www.youtube.com/watch?v=E6iB5B3Lz9I)” <https://www.youtube.com/watch?v=E6iB5B3Lz9I> Scientists record Observations in Field Journals. Journaling is a great way to help keep your science drawings and other observations in one place and to be able to ask questions about what you have found. In your yard (or looking through the window), choose a particular plant, tree, or area to observe. Record daily changes. Each day record: the date, the weather, and sketches of changes you notice. Have the buds\leaves changed? Are there any animals or more plants growing? What noises do you hear? You could also include last week's observations and facts about birds in your Field Journal.



### Why do Field Journals matter?

Some field journals help track important changes.

Check out the Whitney Journals – a New Brunswick couple who recorded field journals that helped track climate change over the years:

<https://www.youtube.com/watch?v=hG5DDNmUIXQ&feature=youtu.be>

Other activities you could try: I started some lettuce, spinach, tomatoes, peppers, squash and cucumbers inside today! The Department of Education has prepared a great [resource](https://www2.gnb.ca/content/dam/gnb/Departments/ed/pdf/promo/learning_at_home/LetsGrowTogether.pdf) that will help you to plan a garden.

[https://www2.gnb.ca/content/dam/gnb/Departments/ed/pdf/promo/learning\\_at\\_home/LetsGrowTogether.pdf](https://www2.gnb.ca/content/dam/gnb/Departments/ed/pdf/promo/learning_at_home/LetsGrowTogether.pdf)

A copy is also attached to this email. If you have started using Epic, there are lots of books and videos about gardening on that website. I have also recently took my bike out of storage and it needed a little TLC. Does your bike need a tune up? Ask a family member to help you to tune up your bike using the info in the video “[The ABC's of Spring tune-up for your Bicycle](https://www.youtube.com/watch?v=1niA8cJctTM)”. <https://www.youtube.com/watch?v=1niA8cJctTM>

### Health and Wellness Tips

Check out Mrs. Doucette's “Bounce Challenge” attached!

If you or someone you know is feeling anxious, encourage them to try the strategies on page 2.

Remember that your teachers are here to help you with anything you need! You can email me anytime [Amanda.WardParish@nbed.nb.ca](mailto:Amanda.WardParish@nbed.nb.ca) and I will also be contacting each of you by phone every week. If you need to reach me by phone, you can call the school, and they will pass the message on (356-6010). Page 1

# when you feel ANXIOUS

@POSITIVELYPRESENT



ASK FOR HELP



TAKE A DEEP BREATH



WRITE ABOUT HOW YOU FEEL

FIND A POSITIVE DISTRACTION





# Parent PIPELINE

CAFE GOAL:  
**COMPREHENSION**

CHECK FOR UNDERSTANDING;  
MONITOR AND SELF-CORRECT

Even as an adult reader, I sometimes get lost when I read and am not sure what's happening in the text. Fortunately, I have strategies to help me understand the text. The same thing happens when children read. However, children often keep reading and do not realize they've lost meaning until the end of the story. They are too concerned with reading accurately, and forget to think about what they are reading. How can we help them gain comprehension? We can teach them the comprehension strategy **Check for Understanding; Monitor and Self-Correct** because good readers stop frequently to check for understanding or to ask "who" and "what."

## HOW CAN YOU HELP YOUR CHILD WITH THIS STRATEGY AT HOME?

1. When reading to your child, stop periodically and say, "Let's see if we remember what I just read. Think about who it was about and what happened." Do this three or four times throughout the text.
2. When reading to your child, stop and have them practice checking for understanding by saying, "I heard you say . . ."
3. Ask your child the following questions:
  - Whom did you just read about?
  - What just happened?
  - Was your brain talking to you while you read?
  - Do you understand what was read?
  - What do you do if you don't remember? (Back up and reread.)

THANK YOU FOR YOUR CONTINUED SUPPORT AT HOME!

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